

September 2026

ZEPHYR ISD



Announcements

DAILY ALTERNATE MEAL
CHOICE OF STRAWBERRY OR
GRAPE PB& JELLY SANDWICH
CHEESE STICK
VEGETABLES
FRUIT
MILK



MENU SUBJECT TO CHANGE.

Monday	Tuesday	Wednesday	Thursday	Friday
	01 CHEESE QUESADILLA SALSA CHARO BEANS CUCUMBERS FRESH SEASONAL FRUIT MILK	02 SPAGHETTI BOWL BREADSTICK FRESH VEGGIE CUP GARDEN SALAD FRUITY GELATIN MILK	03 WALKING TACO BROCCOLI CORN ORANGE SMILES MILK	04 CHEESEBURGERS FRIES TOMATO CUP FRUIT CUP MILK
07 NO SCHOOL	08 TEX-MEX STACK CHARO BEANS CARROTS SALSA HOT CINNAMON APPLES ICE CREAM MILK	09 PIZZA CHOICE GARDEN SALAD CALIFORNIA BLEND VEGETABLES PEACHES MILK	10 POPCORN CHICKEN ROLL CORN CRUNCHY BROCCOLI SALAD FRESH APPLE SLICES MILK	11 FISH STICKS FRIES COLESLAW STRAWBERRIES MILK
14 CHICKEN STRIPS ROLL CORN CUCUMBERS APPLESAUCE MILK	15 MEAT & CHEESE CHALUPAS BEANS GARDEN SALAD SALSA ORANGE SMILES PUDDING MILK	16 ASIAN BOWL (ORANGE CHICKEN) EGG ROLL CARROTS CELERY GRAPES MILK	17 NACHO GRANDE TOMATO CUP BROCCOLI PEARS MILK	18 CHICKEN SANDWICH FRIES FRESH VEGGIE CUP STRAWBERRIES & BANANAS MILK
21 NO SCHOOL	22 FRITO PIE CHARO BEANS FRESH VEGGIE CUP SEASONAL FRESH FRUIT MILK	23 PIZZA CHOICE BROCCOLI TOMATO CUP APPLESAUCE MILK	24 BONELESS CHICKEN WINGS CHIPS CELERY CARROTS MIXED FRUIT SHERBET MILK	25 CHEESEBURGERS GARDEN SALAD SWEET POTATO FRIES FRESH APPLE SLICES MILK
28 CHICKEN NUGGETS ROLL CARROTS SAVORY GREEN BEANS SEASONAL FRESH FRUIT COOKIE MILK	29 CHEESE QUESADILLA SALSA CHARO BEANS CUCUMBERS FRESH SEASONAL FRUIT MILK	30 SPAGHETTI BOWL BREADSTICK FRESH VEGGIE CUP GARDEN SALAD FRUITY GELATIN MILK		



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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Announcements

BREAKFAST IS FREE FOR ALL STUDENTS.
BREAKFAST BEGINS @ 7:25

BELL RINGS AT 7:55

MENU SUBJECT TO CHANGE.



Monday	Tuesday	Wednesday	Thursday	Friday
	01 SAUSAGE BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	02 WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	03 STUFFED BAGEL WITH CHEESE STICK OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	04 DONUT HOLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
07 NO SCHOOL	08 CHICKEN BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	09 POWER BREAKFAST BISUIT, GRAVY EGG ROUNDS & BACON OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	10 BREAKFAST PIZZA OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	11 DUTCH WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
14 BREAKFAST COOKIE WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	15 SAUSAGE BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	16 WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	17 STUFFED BAGEL WITH CHEESE STICK OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	18 DONUT HOLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
21 NO SCHOOL	22 CHICKEN BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	23 POWER BREAKFAST BISUIT, GRAVY EGG ROUNDS & BACON OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	24 BREAKFAST PIZZA OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	25 DUTCH WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
28 BREAKFAST COOKIE WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	29 SAUSAGE BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	30 WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK		



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