

August 2026

ZEPHYR ISD



Announcements

DAILY ALTERNATE MEAL
CHOICE OF STRAWBERRY
OR GRAPE PB& JELLY
SANDWICH
CHEESE STICK
VEGETABLES
FRUIT
MILK

MENU SUBJECT TO CHANGE.

Monday	Tuesday	Wednesday	Thursday	Friday
03	04	05	06	07
10	11	12 PIZZA CHOICE GARDEN SALAD CALIFORNIA BLEND VEGETABLES PEACHES MILK	13 POPCORN CHICKEN ROLL CORN CRUNCHY BROCCOLI SALAD FRESH APPLE SLICES MILK	14 CHEESEBURGER FRIES CUCUMBERS STRAWBERRIES MILK
17 CHICKEN STRIPS ROLL CORN CUCUMBERS APPLESAUCE MILK	18 MEAT & CHEESE CHALUPAS BEANS GARDEN SALAD SALSA ORANGE SMILES PUDDING MILK	19 ASIAN BOWL (ORANGE CHICKEN) EGG ROLL CARROTS CELERY GRAPES MILK	20 NACHO GRANDE TOMATO CUP BROCCOLI PEARS MILK	21 CHICKEN SANDWICH FRIES FRESH VEGGIE CUP STRAWBERRIES & BANANAS MILK
24 STEAK FINGERS GRAVY ROLL MASHED POTATOES CUCUMBERS PEACHES MILK	25 FRITO PIE CHARO BEANS FRESH VEGGIE CUP SEASONAL FRESH FRUIT MILK	26 PIZZA CHOICE BROCCOLI TOMATO CUP APPLESAUCE MILK	27 BONELESS CHICKEN WINGS CHIPS CELERY CARROTS MIXED FRUIT SHERBET MILK	28 CHEESEBURGER GARDEN SALAD SWEET POTATO FRIES FRESH APPLE SLICES MILK
31 CHICKEN NUGGETS ROLL CARROTS SAVORY GREEN BEANS SEASONAL FRESH FRUIT COOKIE MILK				



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TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Announcements

BREAKFAST IS FREE FOR ALL STUDENTS.
BREAKFAST BEGINS @ 7:25

BELL RINGS AT 7:55



MENU SUBJECT TO CHANGE.



Monday	Tuesday	Wednesday	Thursday	Friday
03	04	05	06	07
10	11	12 SAUSAGE KOLACHE WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	13 BREAKFAST PIZZA OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	14 DUTCH WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
17 BREAKFAST COOKIE WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	18 SAUSAGE BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	19 WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	20 STUFFED BAGEL WITH CHEESE STICK OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	21 DONUT HOLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
24 SAUSAGE KOLACHE WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	25 HICKEN BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	26 POWER BREAKFAST BISUIT, GRAVY EGG ROUNDS & BACON OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	27 BREAKFAST PIZZA OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	28 DUTCH WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
31 BREAKFAST COOKIE WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK				



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