

February 2026

ZEPHYR ISD

Monday	Tuesday	Wednesday	Thursday	Friday
2 WAFFLE WITH BACON OR CEREAL WITH GRAHAM CRACKER FRUIT JUICE MILK	3 CHEESE OMLET WRAP SALSA OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE MILK	4 SAUSAGE BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE MILK	5 BREAKFAST COOKIE WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	6 DONUT HOLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
9 BREAKFAST PIZZA OR CEREAL WITH GRAHAM CRACKER FRUIT JUICE MILK	10 DUTCH WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	11 POWER BREAKFAST BISCUIT, GRAVY EGG ROUND & BACON OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	12 PANCAKE WRAP WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	13 NO SCHOOL
16 WAFFLE WITH BACON OR CEREAL WITH GRAHAM CRACKER FRUIT JUICE MILK	17 CHEESE OMLET WRAP SALSA OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	18 SAUSAGE BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE MILK	19 BREAKFAST COOKIE WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	20 DONUT HOLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK
23 BREAKFAST PIZZA OR CEREAL WITH GRAHAM CRACKER FRUIT JUICE MILK	24 DUTCH WAFFLES WITH SAUSAGE OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	25 POWER BREAKFAST BISCUIT, GRAVY EGG ROUND & BACON OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	26 PANCAKE WRAP WITH YOGURT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE AND MILK	27 CHICKEN BISCUIT OR CEREAL WITH GRAHAM CRACKERS FRUIT JUICE MILK



Announcements

BREAKFAST IS FREE FOR ALL STUDENTS
BREAKFAST BEGINS @ 7:25
BELL RINGS AT 7:55



MENU SUBJECT TO CHANGE.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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Updated 06/20/25

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Announcements

DAILY ALTERNATE MEAL CHOICE OF STRAWBERRY OR GRAPE PB&JELLY SANDWICH CHEESE STICK

VEGETABLES
FRUIT
MILK



MENU SUBJECT TO CHANGE.

Monday	Tuesday	Wednesday	Thursday	Friday
2 CHICKEN NUGGETS ROLL MASHED POTATOES TOMATO CUP FRUIT CUP MILK	3 TEX-MEX STACK CHARO BEANS CARROTS SALSA HOT CINNAMON APPLES SHERBET MILK	4 PIZZA CHOICE GARDEN SALAD CALIFORNIA BLEND VEGETABLES PEACHES MILK	5 CHICKEN TACOS CORN CRUNCHY BROCCOLI SALAD FRUIT COOKIE MILK	6 CHEESEBURGER FRIES CUCUMBERS SALAD APPLE SLICES MILK
9 X-TREME BURRITO CORN CUCUMBERS APPLESAUCE COOKIE MILK	10 CHILI CHEESE TATCHOS CORNBREAD FRESH VEGGIE CUP STRAWBERRY CUP MILK	11 CHICKEN TENDERS MAC AND CHEESE CARROTS SAVORY GREEN BEANS PEACHES MILK	12 CHEESEBURGER CHIPS TOMATO CUP BROCCOLI GARDEN SALAD PEARS MILK	13 NO SCHOOL STAFF DEVRLOPMENT
16 STEAK FINGERS GRAVY ROLL CUCUMBERS CORN PEACHES MILK	17 WALKING TACO CHARO BEANS FRESH VEGGIE CUP SEASONAL FRESH FRUIT COOKIE MILK	18 PIZZA CHOICE BROCCOLI TOMATO CUP APPLESAUCE MILK	19 BONELESS WINGS CHIPS CELERY CARROTS MIXED FRUIT SHERBET MILK	20 CHEESEBURGER GARDEN SALAD SWEET POTATOES FRIES FRESH APPLE SLICES MILK
23 CHEESEBURGER MACARONI ROLL CARROTS SAVORY GREEN BEANS SEASONAL FRESH FRUIT COOKIE AND MILK	24 CHEESE QUESADILLA SALSA CHARO BEANS CUCUMBERS APPLE SLICES ICE CREAM CUP MILK	25 FRITO PIE CORNBREAD CORN TOMATO CUP FRUIT CUP MILK	26 ASIAN BOWL (ORANGE CHICKEN & RICE) EGG ROLL BROCCOLI FRESH VEGGIE CUP ORANGE SMILES MILK	27 CRISPY CHICKEN SANDWICH FRIES GARDEN SALAD FRUITY GELATIN MILK



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