

# August 2024 | ZEPHYR ISD



## Announcements:

DAILY ALTERNATE MEAL  
CHOICE OF STRAWBERRY  
OR GRAPE PB&JELLY  
SANDWICH  
CHEESE STICK  
VEGETABLES  
FRUIT  
MILK

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Bell Peppers</b> Season in Texas: May - June; August - November Did you know? The longer a bell pepper is left to ripen, the sweeter it becomes</p>		1	2	
5	6	7	8	9
12	13	<b>14</b> PIZZA CHOICE GARDEN SALAD SAVORY GREEN BEANS PEACHES MILK	<b>15</b> CHICKEN TENDERS ROLL CORN CRUNCHY BROCCOLI SALAD FRESH APPLE SLICES COOKIE AND MILK	<b>16</b> POTATO BOWL ROLL TOMATO CUP SNOWBALL SALAD MILK
<b>19</b> MEAT & CHEESE CHALUPAS REFRIED BEANS CORN SALSA ORANGE SMILES PUDDING AND MILK	<b>20</b> CRISPY CHICKEN SANDWICH FRESH VEGGIE CUP TATOR TOTS WATERMELLON AND MILK	<b>21</b> ASIAN BOWL ORANGE CHICKEN EGG ROLL CARROTS CELERY GRAPES AND MILK	<b>22</b> X-TREME BURRITO CORN CUCUMBERS APPLESAUCE COOKIE AND MILK	<b>23</b> CHEESEBURGER CHIPS TOMATO CUP GARDEN SALAD PEARS AND MILK
<b>26</b> STEAK FINGERS GRAVY, ROLL MASHED POTATOES SAVORY GREEN BEANS PEACHES AND MILK	<b>27</b> WALKING TACO CHARO BEANS FRESH VEGGIE CUP CHILLED PINEAPPLE COOKIE MILK	<b>28</b> CHEESY BREADSTICK BROCCOLI MARINARA SAUCE BLUEBERRIES MILK	<b>29</b> CHICKEN NUGGETS CHIPS CELERY, CARROTS MIXED FRUIT SHERBET AND MILK	<b>30</b> CHEESEBURGER GARDEN SALAD SWEET POTATO FRIES SEASONAL FRESH FRUIT MILK



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
www.SquareMeals.org



Updated 6/6/2024  
National School Lunch Program

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BREAKFAST IS FREE TO ALL STUDENT.  
 BREAKFAST BEGINS @ 7:25  
 BELL RINGS @ 7:55

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Bell Peppers</b>                      Season in Texas:                      May - June; August - November                      Did you know?                      The longer a bell pepper is left to ripen, the sweeter it becomes</p>			1	2
5	6	7	8	9
12	13	14 BREAKFAST PIZZA OR CEREAL W/ TOAST FRUIT JUICE MILK	15 PANCAKE WRAP W/ YOGURT OR CEREAL W/ TOAST FRUIT JUICE AND MILK	16 SAUSAGE BISCUIT OR CEREAL W/ TOAST FRUIT JUICE MILK
19 BREAKFAST COOKIE W/ YOGURT OR CEREAL W/ TOAST FRUIT JUICE AND MILK	20 BREAKFAST BURRITO W/ HASH BROWNS OR CEREAL W/ TOAST FRUIT JUICE AND MILK	21 WAFFLES W/ SAUSAGE OR CEREAL W/ TOAST FRUIT JUICE MILK	22 STUFFED BAGEL W/ CHEESE STICK OR CEREAL W/ TOAST FRUIT JUICE AND MILK	23 DONNUT HOLES W/ SAUSAGE OR CEREAL W/ TOAST FRUIT JUICE AND MILK
26 BREAKFAST PIZZA OR CEREAL W/ TOAST FRUIT JUICE MILK	27 DUTCH WAFFLES W/ SAUSAGE OR CEREAL W/ TOAST FRUIT JUICE AND MILK	28 POWER BREAKFAST BISCUIT, GRAVY EGG ROUND AND BACON OR CEREAL W/TOAST FRUIT JUICE AND MILK	29 PANCAKE WRAP W/ YOGURT OR CEREAL W/ TOAST FRUIT JUICE AND MILK	30 SAUSAGE BISCUIT OR CEREAL W/ TOAST FRUIT JUICE MILK



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