

## Response Summary:

The Texas Education Code (TEC), §38.0141, requires the Texas Education Agency (TEA) to collect data relating to student health and physical activity from each school district/charter district. The School Health Survey has been developed for this purpose. The data gathered will allow the agency to better address the various health-related needs of Texas schools and students statewide.

The survey will take approximately 15-30 minutes to complete. This survey must be completed **ONLINE** and can be submitted only **once** for each school district (including a district designated as a district of innovation) or charter school. Every charter holder with multiple schools will need to designate a contact at each school to be responsible for filling out the survey. Your responses should reflect the entire 2022-2023 academic year and may require you to work with colleagues in your district/charter school to completely answer all questions. You may wish to copy all questions and complete the answers in a text document before entering your responses online.

Survey completion deadline – **WEDNESDAY, August 30, 2023**

### INSTRUCTIONS

The online submission requires you to complete the entire survey. To make changes, simply click on the new response. In some cases, you will need to unclick a previous answer to change the response. To move through the survey, click the previous/next (Forward arrow/Back arrow) buttons at the bottom of each page.

At the end of the survey, you may wish to print a copy of the completed survey for your records **BEFORE** you click "DONE." After clicking "DONE" you will not be able to re-enter the survey to make changes. You will receive a "pop-up" message as your confirmation receipt. You will not receive any other confirmation.

Thank you for your participation in the 2022-2023 School Health Survey.

### Q2. Please select your region and LEA from the list below.

<b>ESC Region</b>	ESC 15 - San Angelo
<b>LEA Name and Number</b>	ESC 15 - San Angelo ~ ZEPHYR ISD, (025906)

### Q3. Preparer Information

<b>Name of Preparer (First/Last Name)</b>	Kelsa Blair
<b>Title of Preparer</b>	Principal
<b>Email Address of Preparer</b>	kelsa.blair@zephyriscd.net

### Q4. During the 2022-2023 academic year, were members of the following groups represented on your school health advisory council (SHAC)? (Mark all that apply.)

- Business community
- Health care professionals (e.g., school nurses)
- School administrators
- School teachers
- Senior citizens
- Students

### Q5. How many times did your SHAC meet during the 2022-2023 academic year?

- 2

### Q6. During the 2022-2023 academic year, what was your district/charter school's practice for meeting the elementary school physical activity requirement?

- Other (please specify):  
two hundred forty five minutes per week

**Q7. During the 2022-2023 academic year, what was your district/charter school's practice for meeting the middle/junior high school physical activity requirement?**

- Other (please specify):  
two hundred forty five minutes per week

**Q8. During the 2022-2023 academic year, did each campus in your district/charter school have the appropriate equipment and adequate facilities for students to engage in the amount and intensity of physical activity required by TEC [§28.002\(i\)](#)?**

- Yes

**Q9. During the 2022-2023 academic year, did your district/charter school have a policy to allow teachers or administrators in the district to withhold physical activity from a student as a form of punishment?**

- No

**Q10. During the 2022-2023 academic year, did your district/charter school allow modifications or accommodations to enable physical education courses to meet the needs of students with disabilities?**

- Yes

**Q11. During the 2022-2023 academic year, did your district/charter school notify parents that they could request in writing their child's physical fitness assessment results at the end of the school year?**

- Yes

**Q12. During the 2022-2023 academic year, did your district/charter school adopt policies and procedures that prescribed penalties for the use of electronic-cigarettes and tobacco products by students and others on campuses or at school-sponsored or school-related activities?**

- Yes

**Q13. During the 2022-2023 academic year, did your district/charter school use a suicide prevention program or curriculum for students from the Suicide Prevention Resource Center's Best Practice Registry ?**

- Yes

**Q14. During the 2022-2023 academic year, did your district/charter school provide training for staff in dealing with students at risk of suicide, recognizing early warning signs, and how to intervene effectively with students?**

- Yes

**Q15. During the 2022-2023 academic year, which Coordinated School Health Program did your district/charter school implement in elementary schools?**

- Other (please specify):  
Social Emotional Learning Cards

**Q16. During the 2022-2023 academic year, which Coordinated School Health Program did your district/charter school implement in middle and/or junior high schools?**

- Other (please specify):  
You can Control Your Impulses

**Q17. During the 2022-2023 academic year, did your district/charter school require health education as a graduation requirement for high school students?**

- No

**Q18. During the 2022-2023 academic year, did your district/charter school adopt policies to meet the U.S. Department of Agriculture (USDA) smart snack/competitive food requirements?**

- Yes

**Q19. During the 2022-2023 academic year, did your local wellness policy address any of the following? (Mark all that apply).**

- Increased opportunities for students to select and consume healthier foods and/or snacks

This is the final question of the survey.

**Q21. During the 2022-2023 academic year, did your district/charter school bullying policy address any of the following? (Mark all that apply.)**

- Bullying based on gender
- Bullying based on race/ethnicity
- Bullying based on sexual orientation/identity
- Bullying based on physical characteristics
- Cyberbullying

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**Embedded Data:**

N/A