

School Health Advisory Council (SHAC) Minutes  
November 30, 2022  
3:45 PM

The following members were in attendance:

- Kelsa Blair
- Jenna Marwitz
- Krystal Butler
- Shana King
- Jessica Baker

The meeting took place in the FCS classroom, in Building B.

The meeting was called to order at 3:43 PM.

The following agenda items were discussed:

- Consider waiver for Summer feeding program in cafeteria
  - The council considered a letter written by Board Member, John Moody, requesting that we opt to exempt ZISD from the Summer Feeding Program.
  - The council unanimously approved to opt out of the Summer feeding Program.
- Consider sex education curriculum/appropriate grade levels/health class
  - The council decided that 5th graders should be provided an introduction to puberty. Mr. Blair indicated he had used the Johnson & Johnson video presentation in the past. The council will be sent links to these videos for further review.
  - As for high school, the council decided that abstinence should be the approach taken for the sex education requirement. Mr. Blair will gather some sources and bring them to the next meeting.
  - At the junior high level, the council would like to get more information regarding the requirements for Junior High Health.
  - The council would like to have the school explore the option to add a health class
- Discuss other participants on the Council.
  - Jenna Marwitz suggested Lori Eason and Brandy Blair
- Discuss future meeting dates and times
  - The SHAC will meet again on January 26, 2023, at 3:40.
- The meeting was adjourned at 4:33 PM.