

# SEPT 2022

GEAR UP FOR DANCE



**ANNOUNCEMENTS:**

DAILY ALTERNATE MEAL CHOICE OF STRAWBERRY OR GRAPE PB&JELLY SANDWICH VEGETABLES FRUIT MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			BONELESS CHICKEN WINGS <sup>1</sup> CHIPS CELERY CARROTS SORBET MILK	CHEESY BREADSTICKS <sup>2</sup> FRESH BROCCOLI MARINARA SAUCE APPLESAUCE MILK
OUT OF SCHOOL <sup>5</sup>	NACHOS GRANDE <sup>6</sup> BEANS SALSA CUCUMBERS APRICOTS ICE CREAM CUP MILK	SPAGHETTI BOWL <sup>7</sup> BREAKSTICK FRESH VEGGIE CUP GARDEN SALAD FRUITY GELATIN MILK	ASIAN BOWL/ORANGE CHICKEN <sup>8</sup> EGG ROLL BROCCOLI PEARS MILK	PIZZA CHOICE <sup>9</sup> CARROTS SAVORY GREEN BEANS FRESH SEASONAL FRUIT COOKIE MILK
CHICKEN FAJITAS <sup>12</sup> BEANS CARROTS SALSA SORBET MILK	PIZZA CHOICE <sup>13</sup> GARDEN SALAD SAVORY GREEN BEANS BLUEBERRIES MILK	POPCORN CHICKEN <sup>14</sup> ROLL CORN CRUNCHY BROCCOLI SALAD FRESH APPLE SLICES COOKIE MILK	POTATO BOWL <sup>15</sup> ROLL TOMATO CUP SNOWBALL SALAD MILK	CHEESEBURGER <sup>16</sup> FRIES CELERY STRAWBERRIES MILK
MEAT & CHEESE CHALUPAS <sup>18</sup> BEANS CORN ORANGE SMILES PUDDING MILK	GRILLED CHEESE <sup>20</sup> FRESH VEGGIE CUP FRIES STRAWBERRIES & BANANAS MILK	CHICKEN NUGGETS <sup>21</sup> MAC AND CHEESE CARROTS CELERY GRAPES MILK	X-TREME BURRITO <sup>22</sup> CORN CUCUMBERS APPLESAUCE COOKIE MILK	CHEESEBURGER <sup>23</sup> CHIPS TOMATO CUP GARDEN SALAD PEARS MILK
OUT OF SCHOOL <sup>26</sup> STAFF DEVELOPMENT	CHICKEN SPAGHETTI <sup>27</sup> BREADSTICK GARDEN SALAD TOMATOES SEASONAL FRESH FRUIT MILK	FRITO PIE <sup>28</sup> BEANS FRESH VEGGIE CUP PINEAPPLE COOKIE MILK	BONELESS CHICKEN WINGS <sup>29</sup> CHIPS CELERY CARROTS SORBERT MILK	CHEESY BREADSTICKS <sup>30</sup> MARINARA SAUCE FRESH BROCCOLI APPLESAUCE MILK

