



FEBRUARY

2021

ZEPHYR ISD



Special Announcements:

DAILY ALTERNATE MEAL
CHOICE OF STRAWBERRY OR GRAPE PB& JELLY SANDWICH
VEGETABLES,FRUIT, MILK

HOT DOG
SWEET POTATOES, CORN
PEACHES
MILK

1.

FRITO PIE
CUCUBERS
BEANS
SALSA
ORANGE SMILES
MILK

2.

CHICKEN NUGGETS
MASHED POTATOES
BROCCOLI, ROLL
FRUIT CUP, COOKIE
MILK

3.

HAMBURGER
STEAK FRIES
CARROTS
BLUEBERRIES
MILK

4.

PULLED PORK SLIDERS
GREEN BEANS
GARDEN SALAD
PINEAPPLE
MILK

5.

STEAK FINGERS
GRAVY
MASHED POTATOES, CELERY CUP
ROLL
STRAWBERRIES
MILK

8.

MEAT & CHEESE CHALUPAS
SALSA
CUCUMBERS
BEANS
APPLESAUCE
MILK

9.

CHICKEN TENDERS
ROLL , GRAVY
BROCCOLI
SWEET POTATOES
PEARS, RICE CRISPY TREAT
MILK

10.

PIZZA CHOICE
GARDEN SALAD
CARROTS
FRESH APPLE SLICES
MILK

11.

BBQ ON A BUN
COLESLAW
GREEN BEANS
APRICOTS
COOKIE
MILK

12.

OUT OF SCHOOL

15.

CHEESEBURGER MACARONI
BREADSTICK
GARDEN SALAD
CALIFORNIA BLEND VEGETABLES
APPLE SAUCE
MILK

16.

BONELESS CHICKEN WINGS
CELERY
CARROTS
PEACHES
PUDDING
MILK

17.

QUESADILLA
CORN
BEANS
SALSA
FRESH SEASONAL FRUIT
MILK

18.

POPCORN CHICKEN
ROLL
PEAS AND CARROTS
POTATOES
PEARS, COOKIE
MILK

19.

CORN DOGS
TATER TOTS
TOMATO CUP
HOT CINNAMON APPLES
MILK

22.

NACHOS GRANDE
SALSA
CUCUMBER SLICES
PEACHES
ICE CREAM CUP
MILK

23.

PIZZA
CARROTS
GARDEN SALAD
APPLE SAUCE
COOKIE
MILK

24.

ORANGE CHICKEN
RICE
EGG ROLL
BROCCOLI SALAD
JELLO
MILK

25.

CHICKEN SANDWICH
OVEN FRIES
FRESH VEGGIE CUP
BLUEBERRIES
MILK

26.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
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www.SquareMeals.org