

Philosophy

Athletics is an important part of the educational process. Without athletics, students would not have the real idea of hardships. I believe we have a direct impact on the student/athlete. We are here to help mold and shape them into productive and successful people. We are building our future leaders. The athletic program shapes bodies, hearts, minds and behavior. Athletics offer opportunities to learn fitness, proficiency, team commitment, respect for others, self-control and how to deal with both success and failure. I believe that we are here to help train them and to help them build a bright future. We can achieve this through strong discipline, good character, and creating a positive learning environment. We also must be supportive in their failures as well. Life is an ongoing change of wins and losses, up and downs, but we all must stay the course. Athletics will help build a young man or woman and help them prepare themselves for life. Athletics helps build strong unity, trust, and teaches family values as well. It teaches responsibility, commitment, and accountability. It encourages them to be the best they can be, even through the hard times. As educators and coaches, it is our job to push everyone toward becoming their best academically and athletically. A quote from a great book states, "Train up a child in the way he should go: and when he is old, he will not depart from it". Proverbs 22:6 (KJV) I believe with our support we can help train the child in the way they should go. Being positive and supportive through it all is very important to our training. With the help from the school and the parents, I believe each student/athlete will have a positive experience through athletics.

OBJECTIVES OF THE ATHLETIC PROGRAM

- I. DEVELOPMENT OF PHYSICAL FITNESS AND SKILLS
 - A. Benefits
 1. Improvement of physical condition
 2. Maintain Fitness
 3. Carry-over value for adulthood
 - B. Values for other competitive aspects

- II. DEVELOPMENT OF MENTAL ALERTNESS AND DEVELOPMENT
 - A. Sports offer learning situations
 1. Stimulates problem evaluation
 2. Motivates rapid and logical reasoning
 3. Basic principles of activity learned and applied
 4. Frequent repetition provides background for decision making
 - B. Perseverance developed (**determined continuation with something**: steady and continued action or belief, usually over a long period and especially despite difficulties or setbacks)

- III. DEVELOPMENT OF MORAL QUALITIES
 - A. Effect difficult to observe
 1. Results seen in adult life.
 2. Results seen in moral reactions
 3. Sense of responsibility developed
 - a. School
 - b. Team
 - c. Coach
 - d. Self
 - B. Respect for authority developed

- IV. DEVELOPMENT OF SOCIAL ABILITIES
 - A. Athlete judged on own merits
 - B. Athlete learns teamwork
 - C. Athlete develops confidence, self-assurance

- V. DEVELOPMENT OF EMOTIONAL MATURITY
 - A. Athlete develops self-control
 - B. Athlete develops ability to face emotional-arousing situations
 - C. Mature attitude developed toward failure and success
 - D. Carry-over value developed for adulthood

Athletic Program Goals

1. 100% Athlete Retention-*Eliminate athletes quitting, failing out, or transferring for athletics.*
2. Win Overall District Title-*Every team making the playoffs.*
3. Produce Strong Presence on Academic Teams-*All District and All-State*
4. Increase Participation in all Sports-*Increase in every sport. Increase the multi-sport athletes.*
5. Increase Participation in all Co-Curricular Activities-*Increase in non-athletes. Increase athletes participating in non-athletic activities.*
6. Implement an Athletic Leadership Council-*Consisting of elected representatives active in athletics from each grade level.*
7. Implement a Mentor Program-*Upperclassmen mentoring underclassmen throughout the School.*
8. Implement a Community Service Program-*Establish and implement a program allowing our kids to serve our community with guidance from faculty and community members.*
9. Implement a Character Building Program throughout the school working to improve the character and integrity of the student/athletes.

****Be recognized as one of the Premier Programs in Texas. Known for winning on and off the Field!****

GOALS FOR JUNIOR HIGH PROGRAM

1. **Build Structure**
2. **Build Character**
3. **Provide Consistent and Strong Discipline**
4. **Create a Positive Atmosphere.**
5. **Acknowledgement of academic superiority over athletics.**
6. **Implement a scheme that includes everyone.**
7. **Win with Class, and Lose with Sportsmanship**
8. **Help everyone know their roles.**
9. **Learn how to prepare for a game, how to act on the bus, and how to act in public.**

10. Have Fun!

PROGRAM “EXTRAS”

- TIGERS Brothers and Sisters- Varsity players that choose to participate will adopt a younger student for the year. This will give our younger students a chance to get to know our players and gives our players an opportunity to learn how to nurture younger people that admire them.
- Picture/Media Day- Teams will set aside one day during their season to take their pictures. After team pictures are taken, family, friends and younger students can come and take pictures with the players.
- Meet the TIGERS Night- Community is invited to come and meet all of the athletes and coaching staff. Athletes will be introduced along with the coaches and their families.
- Champ Camp- Together all of the coaches will host a summer camp for elementary students. The camp will introduce and feature each team sport throughout the week.
- Community Supper- Hamburger supper after 1st scrimmage, open to all of the community, while also inviting our opponent and their fans.
- Community Project- The athletes will research and select a community project to perform each calendar year. The time, location, and scope of the project will be determined by athletic council, pending approval from administration. The athletes will be responsible in locating and soliciting resources and necessary help from Coaches, Community members and any interested Civic Organization.
- TIGERS Appreciation Award- Each year the athletic council will take nominations from the athletes and elect a member of the community to be recognized at the sports banquet.
- Athletic Banquet- Each year an Athletic Banquet will be held and awards will be given out to the Athletes in each sport.

CREATING SUCCESS

Patience + Positive attitude = Control

Listening + Questioning = Learning

Hard Work + Time = Improvement

Consistency + Drive = Reward

Teamwork + Commitment = Winning

BEING G.R.E.A.T.

YOU MUST PUT GOD 1ST !

MUST HAVE AND SHOW RESPECT!

PUT FORTH THE EFFORT (WORK)!

MUST HAVE A GOOD ATTITUDE!

GOT TO BE MENTALLY TOUGH!

Football Philosophy

Offense-Multiple Formations

Use multiple formations, motion, shifts, and options to force defense to play assignment football. We will be using multiple Spread and Tight formations. This forces the defense to defend useless territory, reduces their options to attack and normally negatively affects their aggression.

Our offense will utilize these components to serve as equalizers in talent, while allowing us to create mismatches in our favor. We strive to be balanced in production, yet, use tendency and game circumstances to dictate our call selection. Ultimately, we want to maintain a notable difference between our offense and everyone else. While maintaining flexibility in our schemes to best suite our personnel.

Defense-Base 3-2 (while using variations of other formations)

Basing out of the 3-2 allows us the most flexibility in adjusting to the athlete's strength while simplifying game time adjustments to opponent's offense. This defense allows us the ability to vary as Read/Gap control defense or as an attack/pressure defense. Most importantly, we can use our base defense against any and all offenses.

Special Teams-Sound and Aggressive

Special teams should serve as a catalyst for our offense and defense. Every phase of the kicking game will employ a check/audible system to allow us to gain any advantage presented by opponent. While our learning can be simplified to one system, our opponent is forced to defend multiple threats.

Field Position

In a game of "inches", it is better to measure long before you cut. Each game plan should include a pre-determined checklist for when to attempt an effort at short yardage, what conditions would warrant fake punts or field goals and when to simply seek field superiority.

Clock Management

A sport that has a time limit should have coaches with a plan for using the clock as an ally. At any point in any game, a team should either be trying to preserve or eliminate time on the clock. Clock management isn't a complicated matter, however, the coach that waits until the heat of the game to implement strategy without prior planning and practice will fall short of his desired objective.

Sub-Varsity Teams

The sub-varsity teams are tomorrow's varsity. They should master fundamentals in technique and scheme before advancing to higher level concepts. All games, practices and personnel decisions should be based on what will benefit the team the most when they are on varsity. Terminology and drills should be consistent from 7th grade through 12th grade. We will strive for victory in every game, but approach each game with a bigger picture in mind. The main focus will be on controllable components such as effort and mentality, rather than results. Our goal should be to never lose a game, whether we win or get beat. All players will play in every game.

Playing time isn't necessarily equal, but all players will have the opportunity to play in every contest. While this isn't necessarily the best approach at winning a single game, it is the best approach when building a strong program. Especially when you consider there are no guarantees of who will be the "best" or even around when they are on varsity.

Practice Philosophy

Efficient, challenging and realistic. Fundamentals should be rehearsed every day. Game plans should be implemented and finalized by Monday. Practice should be upbeat while difficult, scripted while realistically allowing game flow, physically challenging to guarantee optimal conditioning and mentally challenging to prepare for game smart players.

Coaching Staff- Leadership through service.

Our coaching staff will demonstrate impeccable character and integrity in all aspects of their lives. We will establish high expectations for our athletes and work diligently to craft a sound plan for meeting expectations. Our coaches will continually seek to increase their knowledge, constantly evaluate themselves and our program and always take great care of our kids. We recognize the privilege of being called into this profession. Therefore, we will strive to serve our community in a way that will bring honor to our school and positively impact our students.

Each coach will have designated responsibilities, but every coach will take responsibility for the entire program. Obviously, we will have coaches that spend the majority of their time with one team, but we don't consider ourselves to be a "football coach", "track coach", "basketball coach", or "boys coach". We are simply coaches. Every coach will coach the junior high athletes, including the head coach. We work for the same school, not ourselves or one component of the school district. Every coach will be a hard worker. Every coach will have a chance to have input and ownership of the program. Every coach will be improving daily.